## Autumn Fruits and Seeds ID Guide



Did you know that most plants produce seeds every year so that they can keep their population going? That is why we have fruits, seeds and nuts. Wildlife rely on these seeds for food, especially over Winter when there aren't so many insects around. Go on an Autumn scavenger hunt and tick off any fruits, seeds and nuts you see!



should never pick and/or eat anything you find without asking a knowledgeable adult first.