



Milton Keynes 30 Mile Challenge Cycle



ROUTE INFORMATION

ROUTE LENGTH	30.065 miles
ASCENT	859 ft
DESCENT	856 ft
HILLS	↑ 29.4% ↓ 27.2% → 43.4%
TERRAIN	Mixed
START	LAT: 52.051560, LNG: -0.723070



NOTES

The route starts at Milton Keynes' most popular park, Willen Lake, where you will enjoy fantastic views of the lakeside, local wildlife, and public art. Your ride continues through Ouzel Valley Park which features breath-taking sights of towering poplar trees opening out onto the wide-open water of Caldecotte Lake. As you pedal further to Furzton Lake, then into Loughton Valley Park, you will get a chance to take in the city's famous Concrete Cows. At this point of the ride, fatigue might start kicking in but fear not! Your next destination, Ouse Valley Park, is the perfect distraction thanks to its stunning surroundings and rich biodiversity.

Our 30-mile challenge cycle would not be complete without a visit to the historic gardens of Great Linford Manor Park with its restored ponds and arboretum. Following that, you will meander along the Grand Union Canal until you reach Campbell Park, the city's central parkland. You will need all the pedal power to tackle the challenging ascent up to the Light Pyramid for what is arguably the best viewing point in the city. After that, it is a joyous downhill ride back to where you started at Willen Lake.

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