

Hello everyone, we are the school's Junior Park Rangers and our group focuses on lots of nature activities and getting outside and having fun!

This month has felt a bit shorter because of the Christmas holidays, but we hope you explored the outdoors over the break and enjoyed being out in the cold!

On the weekend of 24th-26th January you can take part in the RSPB's Big Garden Birdwatch where you can sit for an hour and count the birds you see in your garden or at school. It's lots of fun and helps you work out which bird is which, and they are all very beautiful.

Lots of people from all over the UK take part and the results help the RSPB keep track of how many birds there are so they can help protect them. You can find out about the event on the RSPB's website now.

If you want to learn how to make bird feeders to attract birds to your garden or balcony, come and speak to us and we can share the instructions with you.

This month we have also been thinking about how to get people outside when the weather isn't great. A really good way to do this is going on a sensory scavenger hunt, where you go outside with a sheet of paper with lots of things you might find outdoors, and use your senses to find them. When you have found something on the list you can tick it off.

Our five senses are seeing, hearing, smelling, tasting and feeling, and it's really fun to go on an adventure and use these! Some examples are "feel the soft moss on a tree" or "listen to your boots squelch in the mud". Remember that the only thing you should taste is the rain though, in case there are things in the woods/parks/gardens that are unsafe.

If you would like to go on a sensory scavenger hunt, you can speak to one of the Junior Park Rangers and we can give you some ideas, or you could try and make your own!

Thank you for listening!